

# Andiamo

## GLUTEN FREE MENU

### NIBBLES

**MARINATED OLIVES** £2.95

### STARTERS

- ✓ **MINISTRONE ALL ITALIANA** £4.50  
Freshly prepared vegetable soup, served with gluten free bread
- CROSTINI GAMBERONI** 7.95  
Gluten free garlic bread topped with spicy garlic king prawns and rocket leaves
- BRUSCHETTA** 5.95  
Gluten free garlic bread topped with chopped tomatoes, basil and extra virgin olive oil
- PECORINO AL FORNO** 6.15  
Baked goats cheese and peppers drizzled with honey, served on toasted gluten free garlic bread
- FUNGHI AL FORNO** 6.25  
Button mushrooms baked with garlic, cream, white wine and thyme, topped with parmesan and served with gluten free garlic bread
- INSALATA DI SALMONE E GRANCHIO** 7.25  
Smoked salmon and crab meat set on a bed of baby gem lettuce, served with toasted gluten free bread & lemon mayonnaise dressing
- COZZE** 6.95  
**Livornese** – Tomato & basil with a touch of chilli and garlic  
**Marinara** – Cream, white wine, leeks, garlic and parsley
- ANTIPASTO ANDIAMO** 7.50  
Selection of Italian cured meats with buffalo mozzarella, olives and balsamic onions, served with gluten free bread
- PRIMI PIATTI** from 6.50  
Choose your favourite pasta or risotto dish in a smaller portion

### PASTA

CHOOSE BETWEEN PENNE AND SPAGHETTI

- ✓ **POMODORO** £8.95  
Fresh tomato and basil sauce
- BOLOGNESE** 9.95  
Slow cooked meat ragu
- SALSICCIA** 9.95  
Crumbled Italian sausage, braised leeks, garlic, tomato and cream
- STRACCI** 12.95  
Strips of fillet of beef, porcini mushrooms, red onions, roasted cherry tomatoes, red wine and extra virgin olive oil
- ARRABIATA** 9.25  
Tomato sauce with olives, onions and chilli
- NORCINA** 9.75  
Italian sausage, onion, garlic, parmesan and cream
- ANDIAMO** 11.95  
Selection of fresh seafood cooked with garlic, extra virgin olive oil and tomato sauce OR bianco
- CARBONARA** 9.95  
Bacon, parmesan, egg and cream
- MODO MIO** 9.95  
Chicken, fresh spinach, onions, white wine, parmesan and cream
- TREVI** 9.95  
Chicken, pancetta, cherry tomatoes, porcini mushrooms, garlic and tomato sauce
- ✓ **VEGETARIANA** 9.25  
Mediterranean vegetables, tomato sauce and fresh ricotta
- POLLO PRIMAVERA** 9.95  
Julienne of young vegetables, strips of chicken, pine kernels, tomato sauce and flakes of fresh parmesan
- CARTOCCIO CARDINALE** 9.95  
Ham, mushrooms, peppers, onions, tomato and cream, topped with mozzarella and baked in foil for extra flavour
- GAMBERONI AL POMODORO** 11.95  
Marinated king prawns and finely chopped garlic served with a fresh tomato & basil sauce
- SALMONE** 9.95  
Scottish smoked salmon, asparagus, peas, spinach, tomato and cream
- MASCARPONE** 9.50  
Mascarpone cheese, cream, tomato and basil

### RISOTTO

- RISOTTO CON GRANCHIO E GAMBERONI** £11.95  
Italian rice pan fried with king prawns, scampi, garlic, fresh chilli and cherry tomatoes
- ✓ **RISOTTO ANDIAMO** 9.25  
Italian rice pan fried with roasted peppers, mushrooms, ricotta cheese and tomato sauce topped with pine nuts
- RISOTTO POLLO SPINACI** 9.95  
Italian rice pan fried with chicken, spinach, white wine, onions, garlic and cream

### CARNE

- FILETTO** £23.50  
Prime 9oz fillet steak cooked to your liking served with chips or vegetables and potatoes
- BISTECCA** 19.50  
Prime 9oz sirloin steak cooked to your liking & served with chips or vegetables & potatoes  
Sauces: Al Pepe £2.00 / Diane £2.00 / Surf ' n Turf £3.00
- VITELLO INVOLTINI** 17.50  
Pan fried escalope of veal stuffed with mozzarella and asparagus, wrapped in Parma ham and served with vegetables and potatoes
- VITELLO MARSALA E FUNGHI** 16.95  
Pan fried escalopes of veal in extra virgin olive oil with porcini mushrooms and Marsala sauce served with vegetables and potatoes
- POLLO CACCIATORE** 13.95  
Supreme of chicken pan fried with sweet peppers, mushrooms, olives, tomato sauce, red wine and mixed herbs served with vegetables and potatoes
- POLLO CARBONARA** 13.95  
Supreme of chicken pan fried in a sauce of bacon, mushrooms, onions and cream served with vegetables and potatoes

### PESCE

- PESCE PROVENCALE** £16.95  
Marinated king prawns and scampi cooked in a tomato, onion, garlic and white wine sauce, served with rice
- CODA CAPELANTE** 18.50  
Monkfish and scallops cooked with a sauce of sambuca, tomato and cream, served with rice
- PESCE AL AGLIO E PREZZEMOLO** 18.50  
King prawns, scallops and monkfish grilled with garlic oil, lemon juice, white wine and parsley, accompanied with rice
- SALMONE SCOZZESE** 14.50  
Fresh fillet of Scottish salmon steamed and served with a white wine, cream and pesto sauce, served with mashed potatoes
- BRANZINO ANDIAMO** 16.50  
Fresh fillets of seabass cooked with garlic oil, white wine, lemon juice and parsley served with vegetables and potatoes
- PESCE AL FORNO** 16.95  
Fillets of seabass, salmon, scallops and mussels baked in foil with white wine, lemon juice, garlic butter and fresh parsley, served with a mixed salad
- COZZE** 12.95  
Fresh steamed mussels cooked with a choice of the following sauces:-  
**Livornese** – Tomato & basil with a touch of chilli and garlic  
**Marinara** – Cream, white wine, leeks, garlic and parsley

### INSALATE

- INSALATA DI RUCOLA E PARMIGIANO** £4.35  
Rocket leaves tossed with extra virgin olive oil and balsamic dressing, topped with parmesan shavings
- INSALATA MISTA** 3.95  
Crisp fresh mixed salad
- INSALATA POMODORI E CIPOLLA** 3.50  
Freshly sliced tomato and red onion salad
- INSALATA DI TONNO** 11.95  
A salad of tuna marinated in olive oil and lemon juice served with mixed leaves, green beans, olives and boiled egg
- CAESAR SALAD** 12.25  
Cos lettuce tossed with our house Caesar dressing, char-grilled chicken, gluten free croutons and parmesan shavings

### SIDES

- GARLIC BREAD** £3.25
- GARLIC BREAD WITH MOZZARELLA** 3.75
- HOMEMADE CHIPS** 3.25
- MASHED POTATO** 3.25
- SAUTEED POTATOES** 3.25